

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
<div>OCTOBER Squash (SUMMER, WINTER, PUMPKIN)</div> 	<div>Chicken Biscuit Sandwich</div> <div>Super/Walking Nachos Tortilla Chips/Tostitos Black Beans</div> <div>Vegetarian Alternative: Veggie Nachos</div> <div>Baked Cheetos Shelf Stable Milk</div>	<div>Donut Holes/Sausage Link</div> <div>Chicken Nuggets Dinner Roll Glazed Carrots</div> <div>Vegetarian Alternative: Veggie Nuggets</div> <div>Cheez-Its 100% Juice</div>	<div>Pancakes & Chicken Sausage</div> <div>Chicken Wings Cornbread Collard Greens/Sweet Yams</div> <div>Vegetarian Alternative: Veggie Nuggets</div> <div>Pretzels Orange</div>	<div>Cinnamon Roll</div> <div>Cheese/Pepperoni Pizza Steamed Broccoli Choc Chip Cookie</div> <div>Vegetarian Alternative: Cheese & Veggie Pizza</div> <div>NO SNACKS</div>
7	8	9	10	11
<div>French Toast Sticks</div> <div>Beef or Turkey Hot Dog Coney Bun Baked Beans</div> <div>Vegetarian Alternative: Boca Burger on a Burger</div> <div>Cheez-Its 100% Juice</div>	<div>Turkey Sausage Biscuit</div> <div>Soft Taco Flour Tortilla Mexicali Corn</div> <div>Vegetarian Alternative: Vegetarian Taco</div> <div>Pretzels Shelf Stable Milk</div>	<div>Breakfast Pizza</div> <div>Chicken Tenders Dinner Roll Collard Greens</div> <div>Vegetarian Alternative: Veggie Nuggets</div> <div>Baked Chips 100% Juice</div>	<div>Pancakes & Chicken Sausage</div> <div>Chicken Pasta Alfredo Garlic Breadstick Sweet Peas</div> <div>Vegetarian Alternative: Pasta Alfredo</div> <div>Orange Shelf Stable Milk</div>	<div>Eggs/Turkey Bacon/Grits</div> <div>Sloppy Joe Hamburger Bun French Fries</div> <div>Vegetarian Alternative: Vegetarian Sloppy Joe</div> <div>NO SNACKS</div>
14	15	16	17	18
				<div>NO SCHOOL</div> <div>PROFESSIONAL DEVELOPMENT DAY</div>
21	22	23	24	25
<div>French Toast Sticks</div> <div>Grilled Chicken Breast Hamburger Bun Glazed Carrots</div> <div>Vegetarian Alternative: Veggie Nuggets</div> <div>Cheez-Its Shelf Stable Milk</div>	<div>Turkey Sausage Biscuit</div> <div>Soft Taco Flour Tortilla Mexicali Corn</div> <div>Vegetarian Alternative: Vegetarian Taco</div> <div>Baked Cheetos 100% Juice</div>	<div>Breakfast Pizza</div> <div>Beef-A-Roni Penne Pasta Steamed Squash</div> <div>Vegetarian Alternative: Pasta Marinara</div> <div>Baked BBQ Chips Shelf Stable Milk</div>	<div>Waffles & Turkey Bacon</div> <div>Mandarin Orange Chicken White Rice Asian Vegetable Blend Egg Roll</div> <div>Vegetarian Alternative: Mandarin Orange Veggie Nuggets Craisins Shelf Stable Milk</div>	<div>Eggs/Turkey Bacon/Grits</div> <div>Chicken Sausage Coney Bun Baked Beans</div> <div>Vegetarian Alternative: Boca Burger on a Bun</div> <div>NO SNACKS</div>
28	29	30	31	
<div>Eggs/Turkey Bacon/Grits</div> <div>Hamburger/Cheeseburger Hamburger Bun French Fries</div> <div>Vegetarian Alternative: Boca Burger on a Bun</div> <div>Goldfish Shelf Stable Milk</div>	<div>Chicken Biscuit Sandwich</div> <div>Super/Walking Nachos Tortilla Chips/Tostitos Black Beans</div> <div>Vegetarian Alternative: Veggie Nachos</div> <div>Baked Cheetos Shelf Stable Milk</div>	<div>Donut Holes/Sausage Link</div> <div>Chicken Nuggets Dinner Roll Glazed Carrots</div> <div>Vegetarian Alternative: Veggie Nuggets</div> <div>Cheez-Its 100% Juice</div>	<div>Pancakes & Chicken Sausage</div> <div>Chicken Wings Cornbread Collard Greens/Sweet Yams</div> <div>Vegetarian Alternative: Veggie Nuggets</div> <div>Pretzels Orange</div>	


All breakfasts include: Fresh/ Canned Fruit ☐ Choice of Milk ☐ Water ☐ Cereal

All lunches include: Garden Salad/ Salad Bar ☐ Fresh/Canned Fruit ☐ Choice of Milk ☐ Water

A Reimbursable Offer vs Serve Meal includes:

Breakfast 4 components (meat/grains, fruit/vegetable, milk) offered
Must choose 3 items, including fruit or vegetable

Lunch 5 components (meat/meat alternative, grain, fruit, vegetable, milk)
Must choose 3 component items, including fruit

HARVEST OF THE MONTH – SQUASH 

Menus are subject to change without notice

Adult Meal Prices – Breakfast \$3 ☐ \$5

STAY TUNED FOR: Shelf-Stable Meal Tastings and Breakfast Smoothies 